

Good Morning

MONDAY - FRIDAY
08:00 - 09:00

Filter coffee or English breakfast tea

Decaffeinated, fruit and herbal infusions are available

Cereal selection Cornflakes, Rice Krispies, Alpen,
Bran Flakes, Special K, Weetabix, All Bran

Home made granola

Chilled orange or apple juice

Fresh fruit salad or cut melon

Natural or thick style yoghurt

Fruit compote or honey

Toasted white, multigrain, or gluten free bread

Butter croissant

served with butter, margarine, and preserves

Poached haddock, naturally smoked haddock fillet;
available to pre-order for your next morning

Grilled kipper, served with buttered bread, lemon;
available to pre-order for your next morning

Salmon & egg, smoked salmon, buttery scrambled
egg on toasted thick cut bloomer

Availability

At busy times we might adapt our menu or withdraw certain items in order for us to work safely and deliver the quality you would expect. Your waiter can advise.

**If you've any food allergies or intolerances
please tell us on ordering**

WEEKENDS & BANK HOLS
08:30 - 09:30

Please choose your hot option

Our full English includes

**Grilled thick cut British back bacon,
butchers pork sausage, free range egg,
Heinz baked beans, grilled tomato, mushroom,
& hash brown**

Eggs- fried, poached, scrambled or boiled

Vegan, vegetarian & gluten free sausages are available

If you're in a hurry your waiter can advise.

*Our pork sausages are handmade by Tony The Butcher
in Plaistow. We buy our free range eggs from Borough
Farm at Morteheo..*

Omelette, two egg omelette, softened shallots,
choose up to two fillings cheddar, tomato, diced ham,
mushroom

Breakfast sandwich, filled with back bacon, pork
sausage, vegetable sausage, flipped egg or hash brown,
on white or granary bread

Breakfast muffin, filled with your choice
of fried egg, mushroom, bacon or sausage

Ham & eggs, hand carved Exmoor ham
& your choice of eggs

Eggs Benedict, sliced ham, soft poached egg
& hollandaise butter

Eggs Florentine, pousse spinach, soft poached egg
& hollandaise

Smashed avocado, on toasted sourdough,
with fresh chilli, & a poached egg

