

The Brasserie

AT THE CARLTON

Sunday Lunch

Welcome to our hotel brasserie. If you have any food intolerances, allergens or specific dietary needs - please tell us. We will do all we can to advise and where appropriate modify our hand made dishes. Do let us know as soon as possible

Soup | garden pea & fresh mint, **VG**

Chicory & blue cheese | picked chicory leaf, sliced pear, Beenleigh Blue & candied walnut salad, **V**

Liver parfait | smooth blend of chicken livers, butter & cognac, toasted bloomer, apple chutney, can be **GF**

Scotch egg | our house favourite, flaked ham hock, free range egg, penko crumbed

Braunton asparagus | locally picked, hollandaise butter sauce & chives, **V, GF**

Duo of melon | served with sorbet & orange pepper syrup, **VG**

Prawn cocktail | vodka Marie Rose sauce **GF**



Cod | loin of cod, chorizo tomato broth, crushed new potatoes, **GF**

Roast sirloin of West Country beef or Devon chicken, can be **GF**
Yorkshire pudding, red cabbage with pancetta, roast parsnips, roast potatoes, cauliflower cheese, vegetable medley & pan juice gravy

Exmoor pork chop | grilled, roast parsnips, creamed potatoes & apple sauce

Haddock | penko breaded fillet of fish, tartare sauce, straw chips & peas, **GF**

Lamb rendang | tender diced lamb, sweet spice curry, Asian slaw & rice

Tagine | North African spiced vegetables & apricot, cous cous, **VG, GF**

Creedy Carver duck | braised organic duck leg, Sunday vegetables



Yarde Farm ice creams & sorbets, **VG**

Sticky toffee pudding | with toffee sauce & vanilla ice cream, **V**

West Country cheese plate, celery & biscuits | £4 supplement, **V**, can be **GF**

Lemon posset | a confection of fresh lemon & Cornish cream, shortbread finger, **V**, can be **GF**

Eton mess | crushed meringues, duo of berries, raspberry puree, **VG, GF**

Cheesecake | "Proper" shop marmalade flavour, **GF**

Two courses @ 15.95/ 8.50
Three courses @ 18.95 / 11.00
We offer gluten free **GF** options with our starters, roast, fish and other dishes - please ask us for info and help - and let us know on ordering

V suitable for vegetarians
VG suitable for vegans
GF gluten free dish
MP today's market price